



where Caring counts

*A quarterly newsletter
for family and friends of
St. Luke's Home and
Park Avenue Villa*

winter2023

Christmas Spirit ~ Park Avenue Villa ~ Caregiver Award ~ Happy New Year ~ St. Jude



St. Luke's residents wait in anticipation every year for their annual Christmas party. A Christmas Karaoke party was held with Rial Genre. Rial had the residents singing along to their favorite Christmas carols. As the residents sang, "Here Come Santa Claus," Santa, Maggie Buchmann and her elf, John Cloutier, visited delivering presents and spreading Christmas cheer to all the residents.

Many gifts were donated by community members, including the Christian Mothers from St. Joseph's Catholic Church, Don & Sarah Froehlich, and Mary Voigt. Lincoln Elementary continued the tradition of the students sharing gifts with the residents. Rather than Santa's little elves delivering them, long-time organizer of the special event, Jan Heidt delivered the presents.

St. Luke's would like to thank all who shared the Christmas spirit with the residents. We wish all of you a Happy New Year and many blessings in 2023!



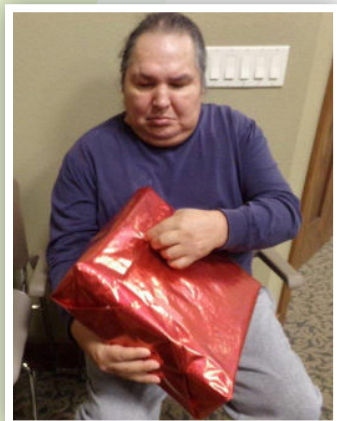
Santa pays a visit to John Roth



*Mary Voigt delivered the many
Mary Kay baskets she assembled
with the support of local businesses*



*Arlene Magstadt enjoyed her visit
from Santa*



*Left: Marlo Twohearts opens
his present from the students
at Lincoln Elementary*



*Right: Buddy the Elf
delivers presents to
Duane Wobig*

The new year begins, let us pray,
It will be a year with a new peace,
New happiness, & the abundance of friends,
God bless you through out the new year



happy
New Year



Carl had fun
making his
snow owl.



Shirley and
Adee's beautiful
snowflake.



Mary showing
off her giant
snowflake.

**The Grinch arrived at Park Avenue Villa to
spread some Christmas cheer to our tenants.**



**Maybe Christmas
doesn't come from
a store.
Maybe Christmas
perhaps...means a
little bit more.
The Grinch**



Park Avenue Villa is honored to
call these Veteran's our friends.

**"A True Hero isn't measured
by his strength, but by the
strength of his heart."**

Thank you for your service. Clarence,
Gilbert, Ted, Butch and George.



HELLO FROM SOCIAL SERVICES

As we say goodbye to 2022 and welcome to 2023, it gives us an opportunity to look back at all the blessings we have received over the past year. We are grateful for all the wonderful residents and their families that we have had the opportunity to get to know over the past year, you are all true blessings. We hope that you and your families had a wonderful holiday season, and we look forward to seeing you all in the new year. Speaking of the New Year..... It seems the New Year is starting out cold and the snow doesn't seem to be ending anytime soon so please be watchful of the weather when you are planning your visits.

In trying to decide what to put in this newsletter I was doing some internet searching and found a wonderful poem about aging written in 2015 by a 92-year-old lady named Wanda Goines that I would like to share. It's a poem that reminds us of why we're all here:

"The Gift-Wrap & The Jewel" by Wanda B. Goines

*I looked in the mirror and what did I see,
but a little old lady peering back at me
With bags and sags and wrinkles and
wispy white hair,
and I asked my reflection,
How did you get there?"*

*You once were straight and vigorous and
now you're stooped and weak,
when I tried so hard to keep you from
becoming an antique*

*My reflection's eyes twinkled as she solemnly replied,
you're looking at the gift wrap and
not the jewel inside*

*A living gem and precious, of unimagined worth
Unique and true, the real you, the only you on earth
The years that spoil your gift-wrap
with other things more cruel,
should purify and strengthen,
and polish up that jewel*

*So, focus your attention on the inside, not the out
On being kinder, wiser,
more content and more devout*

*Then, when your gift-wrap's stripped away your
jewel will be set free,
to radiate God's glory throughout eternity.*

Happy New Year from
Aileen Paluck & Tasha Rohde!

They care for you and your loved one...show you care about them!

Caregiver AWARD

Residents/tenants and family members – show you care for those who care for you or your loved one. The North Dakota Long Term Care Association (NDLTCA) would like to honor and recognize that special person who makes a difference in your life. Applications to nominate someone can be picked up at the facility or www.ndltca.org/caregiver.

Long term care staff who substantially enhance the quality of life for residents/tenants in the North Dakota long term care facilities deserve the

Caregiver AWARD

How to submit a nomination:

Long term care residents/tenants or family members may nominate someone for this award. Established in 2000, the award provides recognition for any long term care employee.

1. The caregiver must be nominated by a resident/tenant or family member.
2. The caregiver must be employed in a North Dakota long term care facility.
3. All entries must be postmarked by February 3rd, 2023, and be mailed to: North Dakota Long Term Care Association, 1900 North 11th Street, Bismarck, ND 58501.
4. The judging of this award is based on how the caregiver substantially enhances the quality of life of residents/tenants.

A cash award will be presented to recipient(s) during the annual NDLTCA Spring Convention in Bismarck. All nominees will receive a Certificate of Outstanding Achievement from NDLTCA and be listed in the Caregiver Booklet. For more information, contact the facility or Miranda Gross with NDLTCA at 701-354-9775.



CRITERIA

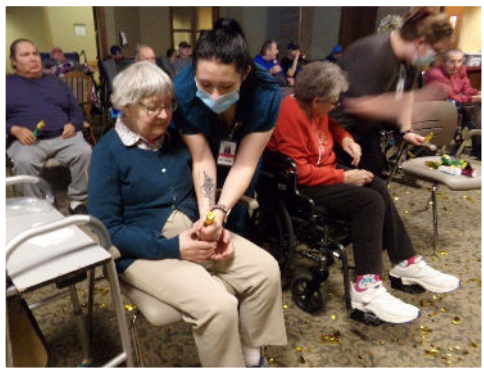
Residents/tenants and family members – show you care for those who care for you or your loved one. The North Dakota Long Term Care Association (NDLTCA) would like to honor and recognize that special person who makes a difference in your life. Applications to nominate someone can be picked up at St. Luke's Home or by visiting the NDLTCA website, www.ndltca.org. The application for Caregiver of the Year is under the Resource tab, Programs and Services. The Award recognizes employees who go above and beyond to substantially enhance the quality of life for residents/tenants. All employees working in North Dakota long term care facilities are eligible for the Award. All entries must be postmarked by February 3, 2023.

HAPPY New Year

FROM ST. LUKE'S HOME!

St. Luke's residents rang in the New Year with Tom and Jerry's and wonderful music! The New Year's party was held in the Chapel with karaoke music provided by Rial Genre. The residents made their requests for music and took turns passing the microphone and singing many of their favorite songs

At the stroke of the hour, "Auld Lange Syne" was played, and the residents blew their party horns to celebrate the New Year. Confetti in plastic champagne party bottles was blown across the rooms as the residents rang in the New Year!



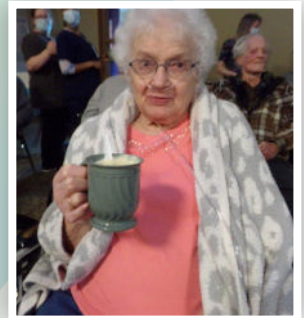
Brittney Olheiser, Activity Aid assists Agnes Kelly popping open the champagne confetti during the New Year's Party.



Dorothy Ficek and Catera Brazelton, Activity Aid pop open a bottle of champagne confetti.



Gloria Gresz rings in the New Year with her party horn



Tillie Volesky enjoys a Tom & Jerry during the party

Memorials and Donations

Your contributions to St. Luke's Home and Park Avenue Villa help us create a home-like environment for everyone we serve. You help us to reach our mission of providing quality care that enhances the dignity of each person we serve.

IN MEMORY OF

JOHN DAHL

James Dahl
Joanne Dahl

HENRY KOVASH

Kevin & Jaylene Kovash

BETTY KUDRNA

Curtis & Deanna Steffan

COLIN MOE

Cynthia Moe

JACK OLIN

Dennis Johnson

GEORGE OTT

Georgia Sigmon

JAMES & MARJORIE WYCKOFF

Tom & Lynn Wyckoff

SHIRLEY PRIVRATSKY

Dale & Shirley Dolezal

Kaye Dolezal

Amy Rose Fish

Ruth Gauquie

Scott & Roxanna Privratsky

Shirley Privratsky Family

Doris Riemer

David & Carley Strand

Patty & Harold Voigt

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Diane Loh Johannesen

OTHER GIFTS

Diana Bastian

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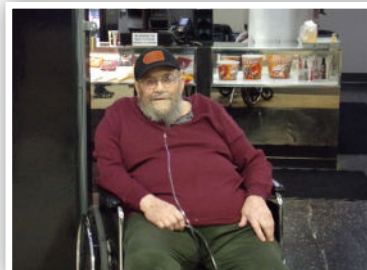
Lutheran Church

Trinity Lutheran Church

Zion Lutheran Church



Margaret Tormaschy and Brittany Roberts, Activity Aid show their skills of designing a gingerbread house



Monte Nagel and Carl Yineman visited Griffin Theatre to see the movie "Ticket to Paradise."

St. Luke's Residents Spread Christmas Joy to Lincoln Elementary Students

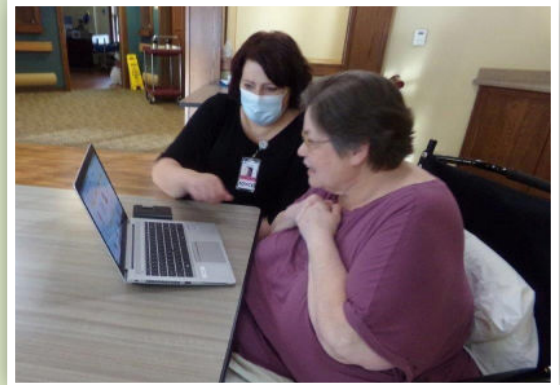


Loren Szudera helps fill the bags for the students at Lincoln Elementary.

St. Luke's residents spread Christmas joy to the Lincoln Elementary Students by decorating bags for Christmas and filling them with toys and treats. St. Luke's and Lincoln Elementary have shared a special bond over the years. To show their appreciation, the residents spent a couple of afternoons showcasing their talents by drawing and coloring objects and placing stickers on the bags. Once the bags were complete the residents had an assembly line just like at the North Pole. The residents each had toys or candy they placed in the bag and passed onto the next resident. The bags were boxed and picked up by Jan Heidt, Lincoln Elementary Library Specialist who also delivered presents for the residents from the students.

St. Luke's Staff Donate Christmas Gifts to St. Jude Patients

Shari Bohnhoff helps Joyce Decker, Activity Director pick out presents for the children at St. Jude



Christmas is the time of year when we celebrate the birth of Christ and giving to others. The gift of giving started by God giving his only begotten Son. "For God so loved the world that he gave his only begotten Son, that whoever believes in him shall not perish but have everlasting life. (John 3:16)."

Children hold a special place in one's heart. This is especially true for children at St. Jude Children's Research Hospital. St. Jude was founded in 1962 by Danny Thomas in Memphis, TN. St. Jude Research Hospital provides research and medical care for children with cancer, blood disorders and related life-threatening diseases and families never receive a bill.

Danny Thomas founded St. Jude Children's Research Hospital to give back. Thomas was a nightclub entertainer struggling to provide for his family and cover healthcare. When attending Mass one day, the sermon was about St. Jude, the Patron Saint of hopeless causes. Thomas prayed to St. Jude asking for help and promised to build a shrine to St. Jude in return. Shortly afterwards, Thomas received an offer for a radio commercial. Danny Thomas went on to become one of the biggest stars of radio.

Danny Thomas did not forget his promise to St. Jude. He started St. Jude Research Hospital to change the lives of children and their families.

St. Luke's Home staff shared the spirit of Christmas with these children by donating money to be used towards Christmas presents for them. During the months of October and November, staff who donated money could wear jeans for those months. Over \$700 was raised to purchase Christmas presents! St. Jude Research Hospital has a list of Christmas presents on their website to fulfill the children's wish list for Christmas. St. Luke's Home was able to provide presents for 21 children with the donations. St. Luke's would like to thank all the staff who contributed for this wonderful cause.



St. Luke's Home



Long Term Care & Assisted Living

242 10th Street West
Dickinson, ND 58601
701-483-5000

where
Caring
counts



"We exist to Demonstrate the Compassion of God by Providing Quality Care that Enhances the Dignity and Respect of each Person we Serve."

www.stlukeshome.com

This facility supports an "open door policy" in which anyone may discuss concerns or report compliance violations to any supervisor, manager, HR Representative, or compliance professional at any time. The designated contact person at St Luke's Home is Amy Kreidt. The hotline Compliance and Ethics is 701-456-8255 for reporting suspected violations anonymously, without fear of retribution.

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Park Avenue Villa 1050 Park Avenue
Dickinson, ND 58601
701-483-3000

We are currently seeking a business or organization to co-sponsor St. Luke's Home quarterly newsletter. We will be happy to recognize your business/organization in our publication and/or other communications to the public.

If you are interested, please contact Amy Kreidt, CEO/Foundation Coordinator at 701-483-5000.