



where
caring
counts

A quarterly newsletter
for family and friends of
St. Luke's Home and
Park Avenue Villa

Summer 2023

RESIDENT FAMILY PICNIC ~ PARK AVENUE VILLA ~ CANOPY PROJECT ~ ON THE ROAD AGAIN ~ NATIONAL NURSING HOME WEEK

Resident Family Picnic

St. Luke's and Park Avenue Villa were both happy to resume our Annual Resident Family Picnic! The picnic had not been held since the summer of 2019. It was great to see many family members and friends at the picnic.

St. Luke's Nutrition and Food Services Staff prepared barbeque sandwiches, hot dogs, potato salad and beans for the event. People were not only drawn to the smell of the great food, but also to the classic country music of Dennis Paulson and Scott Gaugler.

We would like to thank everyone for joining us. We look forward to seeing you next year at our Annual Resident Family Picnic!



Vi Dobitz is joined by her family for the picnic.



Top left: Dorothy Ficek and her family relish the sunshine.



Bottom left: Dennis Paulson & Scott Gaugler provided the great classic country music for the picnic.

Top right: Tillie Volesky and her family enjoy each other's company at the picnic.

Bottom right: Laverna Janke and her granddaughter shared some good laughs during the picnic.

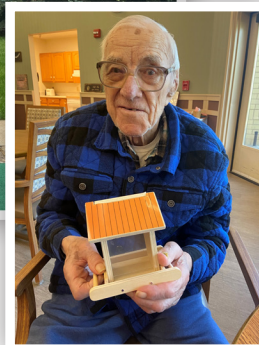


Park Avenue Villa

Tenants got to visit KinderKidz Learning Center to join in on a intergenerational activity and baby snuggles.



The Men's Club at PAV has been keeping the men busy with building bird house and perfecting their golf game.



Delores getting some bunny cuddles at the petting zoo.



When living alone requires a little help, Park Avenue Villa is here for you.

Assisted Living Apartments Available Today!

For a tour or more information Call Beth at 701-483-3000



There is an old saying that an apple a day keeps the doctor away. With the health benefits of wine, the residents were in agreement to skip the apples and drink wine.

Park Avenue V I L L A *Assisted Living*

Celebrating **25** *Years* OF CARE AND COMMITMENT



Butch Hagel



Duane Wobig



St. Luke's Canopy Construction

St. Luke's Home canopy project will soon be starting! When beginning construction of the new building, there were plans to build a protective canopy for the front entrance, but because costs were higher due to the oil boom, the canopy was put on hold, until now.

With the start of construction, the front entrance will be closed until the completion of the project. There will be a temporary entrance between Park Avenue Villa and St. Luke's Home. Signs will be posted to direct you to the location. The doors will be unlocked from 7:00 am until 7:00 pm. If you need to enter the building when the door is locked, phone numbers will be located by the door for assistance.

Our goal is to raise two million dollars to complete the project. We appreciate any donations to the project. Thank you for your continued support of St. Luke's Home and our residents!

Donations can be made payable to St. Luke's Home Foundation:
 by mail, 242 10th St. West, Dickinson, ND 58601 or at www.stlukeshome.com

hello FROM SOCIAL SERVICES

SUMMER IS HERE! We finally can get outside and enjoy some sunny days and warm temperatures. Please remember if you are bringing in new clothing or items to Social Services or the charge nurse so they can be marked with your loved one's name. If you have any electronics, hearing aides, dentures, eyeglasses, or other items marked, we do use the Scan Dent system. Scan Dent can help protect virtually any resident and facility property from loss and theft by using rfid tags to alert staff if a tagged item goes passed a check point such as into the laundry room or out a facility door. Let Social Services know if an item which needs to have a scan dent tag applied.

Please also bring any new insurance cards, advance directives for health care or finance, or copies of POLST to social services so we can place copies in our medical records. A POLST is different than an advance directive. The POLST (Physician Order for Life Sustaining Treatment) communicates your wishes as medical orders where an Advance Directive typically appoints someone to make medical decisions if a person is unable to any longer. If you would like more information on advance directives or the POLST, please stop in to visit with Aileen or Tasha. We have forms available for both.

We hope you have a wonderful summer!

Aileen Paluck & Tasha Rohde



On the Road Again

With the end of the COVID pandemic, the residents have been getting into the community more for a variety of van outings. From community events to scenic drives in the country, the residents are happy to be on the road again.

Hearing the auctioneer at Stockman's Livestock brought back many great memories. The men named every breed of cattle as they came into the sale area. They were greeted by Jim Erickson, neighbors and friends and were invited back to visit. They even got a chuckle on the trip when manure was flung on the Activity Staff.

Going out for a meal is often a favorite outing. Various trips were taken to McDonald's for their famous French fries and burgers and Burgers in the Park in New England. For "National Craft Beer Day," a trip for pizza and beer was taken to Phat Fish Brewery.

In addition to meeting the physical needs of the residents, meeting the residents' spiritual needs is essential. The residents have been attending church at local parishes. To date the residents have attended Mass at the following Catholic churches, St. Joseph's, Queen of Peace, and St. Wenceslaus. The residents attended St. John Evangelical Lutheran and Belfield Lutheran. The residents will be visiting more of the local parishes during the summer and fall months.

An afternoon was spent at Badlands Ministries. The residents joined the campers for music, s'mores, and Bingo.

Other trips included the bandshell concerts, picnics at the local parks, the Roughrider Day parade, Flag Day parade in Medora and scenic drives. We are hoping for favorable weather to continue allowing residents to be involved in the community.



Beverly Wilhemi enjoyed spending an afternoon with the campers at Badlands Ministries.

Ludwig Buresh was greeted by Jim Erickson at Stockman's Livestock.



Tom & Sandi Ribb with Pastor Lisa Lewton, St. John Evangelical Lutheran.



Herb & Kathy Billman show their patriotism at the Flag Day parade in Medora.

St. Luke's Celebrates "National Nursing Home Week"

"National Nursing Home Week" is an annual observance which celebrates residents and caregivers in Long Term Care Facilities. The week of May 14th – 20th had different festivities planned each day to celebrate.

The week's festivities began on Mother's Day with "Mimosas for Moms." But not only the moms...all residents were treated to the cheerful drink while listening to the good old-time music of Ernie Hecker.

"Western Day" was May 15th. The residents showed their talent at steer roping. Thank you to Ivan Hlibichuk in our Maintenance Department for mounting the steer for the residents to rope. Dennis Paulson had the residents singing along to classic country music in the afternoon.

Making and sampling homemade ice cream is always a favorite activity for the residents. The residents and Activity Staff made mint chocolate chip, cherry almond, pistachio, and peaches & cream ice cream. The residents and St. Luke's Staff sampled the different flavors during an ice cream social with music by Edwin Hecker.

Lilah, Brittney & BreAnn Krebs brought many of their farm animals for our "Life on the Farm Day." The farm animals brought back many great memories for the residents. As the residents held, and petted the animals they enjoyed reminiscing about growing up on the farm, and the different animals they raised.

The residents had a cruise ship adventure during our "Sail the Sea Day." The Activity Room was set up as a cruise. The residents took part in games that take place on a cruise ship such as shuffleboard, beach ball toss and a little gambling. Festive dolphin fruit cups were made by St. Luke's management for the cruise. The residents had their picture taken with Captain Kirk (Kirk Roll, MDS Nurse) as they boarded the ship.

The week ended with "Armed Forces Day." The residents and staff paid tribute to our veterans. Thank you to St. Luke's management, staff and volunteers for making this a memorable week for the residents.



Brittney Olheiser, Activity Aid and Dub Winningham thought the calf was the cutest of the animals.



Roy Hartman was a natural at steer roping.



Joe Armbrust aims for the goal on the shuffleboard.



Donald Kerl is ready to board the ship and have a blast with "Captain Kirk."

Memorials and Donations

Your contributions to St. Luke's Home and Park Avenue Villa help us create a home-like environment for everyone we serve. You help us to reach our mission of providing quality care that enhances the dignity of each person we serve.

IN MEMORY OF

**ELBERG, KRAUTER &
WALERIE FAMILY**
Evelyn Elberg
GEORGE HOFF
Clarence & Fern Rau

MIDLRED HOFF
Patricia Ramsdell
ARTHUR & ALVINA KREIN
Kenneth & Sharon Krein

ROBERT RUGGLES
Pat Ruggles
LORRAINE LOH
Earl & Darlene Pelton

OTHER GIFTS

*Diane Anderson
Belfield Lutheran Church WELCA
Brenda Fong
Janel Kolar
Normanna Lutheran Church
Monica Peterson
Pepsi Cola of Dickinson
Prima Exploration Inc.
St. John Evangelical
Lutheran Church
Zion Lutheran Church*



Long Term Care & Assisted Living

242 10th Street West
Dickinson, ND 58601
701-483-5000

where
caring
counts



"We exist to Demonstrate the Compassion of God by Providing Quality Care that Enhances the Dignity and Respect of each Person we Serve."

www.stlakeshome.com

Thank you to
Quality Quick Print
for sponsoring the St. Luke's Home Newsletter.
We are grateful for your continued support.

DESIGNED & PRINTED BY

Quality Quick Print inc.

YOUR NEW GENERATION printer

Reinventing the printing industry.

Serving the area for over 40 years

Shop local.
Located in Downtown Dickinson

701.483.4070 www.qqprint.net orders@qqprint.net

Dietary News

HELP PREVENT FOODBORNE ILLNESS.

Food items, once opened, and placed in the refrigerator for storage, **must be labeled with the name of the item (or who the item is for) and the date it was opened (or delivered).**

We are asking families to please **write your loved one's name and the date you deliver your food item** on the package or container when you drop it off at the facility.

Please remember these FOOD SAFETY TIPS for keeping your loved one's food safe:

- Wash your hands before handling food.
- Cook foods to proper temperatures when preparing.
- Refrigerate food properly and keep it cold during transport to the facility.
- Do not leave food items set out for extended periods of time at room temperature.
- Do not leave food items that require refrigeration in your loved one's room, turn it in to facility staff.

For Dietary Food or Nutrition related concerns please contact:
Amy Kleinjan, CDM, CFPP or Amy Hillman, MPH, RDN, LRD

St. Luke's Home has the option of reading our newsletter online (www.stlakeshome.com) or a paper copy. If you prefer to read online and would like to be removed from our mailing list, please contact:

Joyce Decker / joyced@stlakeshome.com / 701-456-8251

St. Luke's has the option to pay your bill or to donate on our website.

www.stlakeshome.com