



where caring counts

A quarterly newsletter for family and friends of St. Luke's Home and Park Avenue Villa

Fall 2023

CHRISTMAS PHOTOS ~ PARK AVENUE VILLA ~ HOMEMADE PICKLES ~ CHRISTMAS SAFETY

Christmas Photos

On September 30, many smiles were captured as Linda Heidt took Christmas photos of the residents. Linda has a natural talent for photography and has taken Christmas photos of the residents for over 15 years.

Christmas photo day is a special day each year. Special outfits for the photos are picked out in advance by the residents' families. A Christmas background is set up and photos taken of the residents for the holiday. Linda touches up the photos which are provided to St. Luke's on a USB flash drive. The photos are then emailed to the families of the residents. Many choose to have cards printed for their families and friends for Christmas.

Thank you, Linda, for the phenomenal job on the photos!



Linda Heidt captures the smiles of Jim & Cara Murphy

Our newsletter has just a fraction of all the great events that occur. If you would like to see more photos of events, please like St. Luke's Home and Park Avenue Villa's Facebook pages.

Facebook icons for St. Luke's Home and Park Avenue Villa



Herb Billman & Alan Roller enjoyed the afternoon at the lake.

"Give a man a fish, and you'll feed him for a day." Teach a man to fish, and he'll have stories to tell you about that whopper that got away.



Dave Aasmundstad helps set up the fishing gear.

The North Dakota Game and Fish Department provided St. Luke's Home with courtesy fishing licenses for the residents. St. Luke's Activity Staff and Volunteer, Dave Aasmundstad, spent a couple afternoons at Patterson Lake fishing with a group of men. The men returned to St. Luke's Home after the outing and had some good stories to tell, some being about "that whopper that got away."



Steven Cuypers shows his catch while Patrick Bailey waits for his whopper to bite.

Park Avenue Villa



◀ Tenants enjoying an afternoon stroll at the Stark County Veterans Memorial Park.



▲ Ted, Ann Violet, Ron and Cara spent the afternoon touring the Dickinson Museum Center.



◀ A beautiful evening for Ron, Violet, Mary and Jim to attend the Medora Musical.

▲ Thank you to Badlands Ministries for the wonderful Intergenerational Program.

▶ Anna Marie, Angie, Mary and Loraine having a fun afternoon while out for lunch.



season of
REFLECTION

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▲ Beverly Wilhemi measuring the spices for the pickles.



► Joe Armbrust mixes the cucumbers with the spices.

Canning Memories

When visiting about their gardens and canning, it always puts a big smile on the residents' faces. The residents recall memories of raising large gardens to feed their growing families. With the end of summer and fall approaching, the residents recalled the many quarts of pickles and other items they canned.

The residents shared these memories as they made homemade refrigerator pickles. The residents savored the taste of the pickles when they were served at their meals.

RECIPE



Refrigerator Pickles

Ingredients

- 10 pickling cucumbers sliced (keep the peeling on)
- 2 onions chopped coarsely
- 1 1/2 cups sugar
- 1 tsp pickling salt
- 2 Tablespoons mustard seed
- 2 Tablespoons dill (add fresh dill also if desired)
- 3 cups white vinegar

Directions

- Slice cucumbers & chop onion into a large bowl.
- Add: Sugar, salt, mustard seed, and dill
- Pour vinegar on top.
- Stir all ingredients together.
- Place in large covered container.
- Refrigerate.



Beautiful Bouquets

After Caleb Evoniuk visited his 100-year-old Great Grandmother, he mentioned to his parents Brad and Jessie he wanted to grow flowers for "old ladies." Caleb, his parents, and brother Jacob purchased some seeds and started the flowers indoors until the winter weather ended.

The flowers were planted in the spring and when the flowers bloomed, the Evoniuk family made bouquets and delivered them to St. Luke's Home. The flowers were distributed to the residents by the Activity Staff. Hearing the touching story of where the bouquets came from brought many smiles.

Thank you to the Evoniuk family for your kindness to St. Luke's residents!

Memorials and Donations

Your contributions to St. Luke's Home and Park Avenue Villa help us create a home-like environment for everyone we serve. You help us to reach our mission of providing quality care that enhances the dignity of each person we serve.

IN MEMORY OF

JOHN DAHL
James Dahl

JOEL C. FREY
Marty Jo Frey

LORRAINE LOH
Jeff Loh

OTHER GIFTS

Russel & Beverly Kinnischtzke
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Safety Reminders for Holiday Decorations

It is that time of the year again when our residents and staff will be busy decorating their homes. We want your loved ones here at St. Luke's Home to have a safe holiday season by sending out the following safety tips, references, and regulatory reminders.

- Artificial Christmas trees and decorations that are non-combustible or flame retardant may be displayed. However real Christmas trees and wreaths are not allowed.
 - UL approved lighting may be used.
 - Holiday decorations, including wreaths, ornaments, photos, etc. can be used on resident doors and in the hallways as long as they do not exceed 3 1/2' in depth and they are not blocking the doorway.
 - Holiday decorations and wreaths may be hung on the door if they do not hinder the door from closing and properly latching. Over the door wreath hangers are not allowed.
 - No extensions cords or octopus plug-in can be used. Power strips may be used.
- By following these safety tips and regulations, we can keep our residents and staff safe throughout the holiday season.

Thank you,
Jake Olheiser
Environmental Services Director

St. Luke's Home has the option of reading our newsletter online (www.stlukeshome.com) or a paper copy. If you prefer to read online and would like to be removed from our mailing list, please contact:

Joyce Decker / joyced@stlukeshome.com / 701-456-8251

St. Luke's has the option to pay your bill or to donate on our website.

www.stlukeshome.com