



where caring counts

A quarterly newsletter for family and friends of St. Luke's Home and Park Avenue Villa

Fall 2024

HOME-MADE ICE CREAM ~ PARK AVENUE VILLA ~ MEN'S NIGHT OUT ~ PINNACLE SURVEYS ~ ARMCHAIR TRAVELS

St. Luke's Residents Make Home-Made Ice Cream



▲ Thank you, Our Redeemer's Lutheran, New England for serving the home-made ice cream to the residents.

Making ice cream is one of the residents' favorite activities, after Bingo of course. Going hand in hand with making the ice cream is sampling it while listening to Old-Time or Classic Country music, and even a little Rock N' Roll.

Dennis Paulson and Nano Johnson have the residents singing along to their favorite classic country songs. Rial Genre also has the residents singing along to classic country and some great 60's and 70's Rock N' Roll hits and Ernie Hecker shares his amazing talent playing the accordion.

Cherry Almond is at the top of the list of favorites and is on the list to make every month. The residents and Activity Staff have also made pistachio, huckleberry, cookies & cream, peaches & cream, mint chocolate chip, chocolate, and turtle.



▲ Patsy Huckabay agrees the cherry almond was the best flavor of ice cream.



▲ Robert Portscheller and daughter, Gail.

With summer behind us, the ice cream makers will be taking a break. We hope for a short winter and will be looking for more flavors for the residents to make and sample in the spring.

Dennis Paulson and Nano Johnson shared their musical talent with the residents. ▶



RECIPE



Cherry Almond Ice Cream

Ingredients

- 6 cups whipping cream
- 5 cups of milk
- 2 tsp. almond extract
- 1 can sweetened condensed milk
- 1/2 tsp. salt
- 1 1/2 cups sugar

Directions

16 oz jar **chilled** maraschino cherries (divide cherries & juice and cut the cherries into small pieces). Add the juice to the ice cream mix and set the cherries aside.

Place ice cream in the ice cream maker and make according to directions on the maker.

One the ice cream is frozen, fold in the cut cherries. Freeze the ice cream overnight.

Our newsletter has just a fraction of all the great events that occur.

If you would like to see more photos of events, please like St. Luke's Home and Park Avenue Villa's Facebook pages.

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Park Avenue Villa



▲ Ron is all smiles when he is watering the garden and flowers.

"A garden requires patient labor and attention. Plants do not grow merely to satisfy ambitions or to fulfill good intentions. They thrive because someone expended effort on them."

- Liberty Hyde Bailey

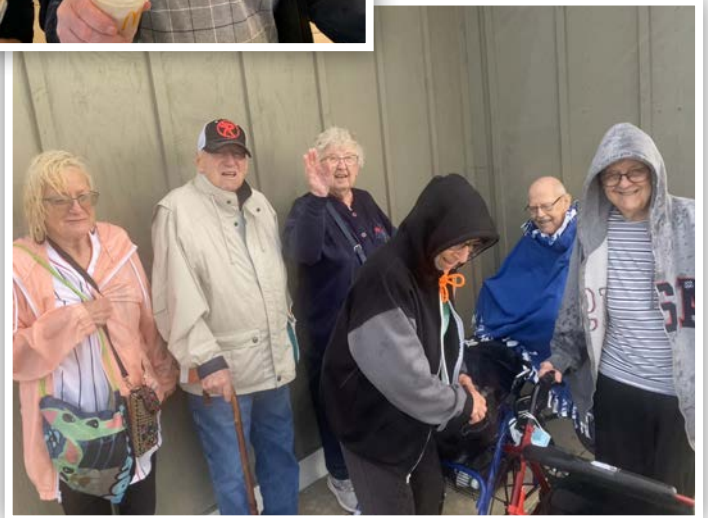
PAV tenants had a beautiful day visiting the Assumption Abbey. ►



◀ Sherri and Richard enjoying a meal the tenants took to McDonalds.

The tenants had a good laugh about getting stuck in the rain while attending the Medora Musical.

There is joy in everything; dance in the rain! ▼



▲ Lorraine, Louann and Richard wishing for luck on a trip to 4 Bears Casino. ►



Inspiring

GENERATIONS

NATIONAL ASSISTED LIVING WEEK® • SEP 8-14, 2024

National Assisted Living Week offers us a wonderful opportunity to acknowledge and appreciate the dedicated staff, enthusiastic volunteers, and supportive communities that are essential to the success of assisted living facilities.



St. Luke's Home conducts satisfaction surveys to improve the quality of care we provide, and to ensure that our residents' needs are met. We contract with a company called Pinnacle which makes monthly randomized telephone calls to residents and/or their families. During these calls they ask those they call to rate care in various areas of the facility and whether they would recommend St. Luke's Home. This allows us to see what areas we are excelling in and areas we need to focus on improving. We take the feedback from these surveys seriously and want to provide the best care possible for our residents.

We are pleased to announce that St. Luke's Home has scored above the "National Average" and "Best in Class" in different areas. St. Luke's scored above the "Best in Class" in the following areas in the last three months: Overall Satisfaction, Dining Services, Cleanliness, Individual Needs, Laundry Services, Communication, Response to Problems, Dignity & Respect, Recommend to Others, Activities, Professional Therapy, Admission Process, and Safety & Security.

The National Average for short stay satisfaction is 75.2%. St. Luke's Home had a rating of 87.5%. Long Term Satisfaction for the National Average is 84.7% and our satisfaction is 89.8%. Our "Resident Satisfaction Rate" is 100%, where the "National Average" is 79.2% and "Responsible Party Satisfaction Rate" for St. Luke's is 88.9% where the "National Average" is 82.4%.

Thank you to those who completed the surveys. We would like to extend our gratitude to the great staff of St. Luke's Home! We could not have achieved these scores without your commitment and compassion to our residents.

In addition to excelling in the Pinnacle Satisfaction Surveys, St. Luke's Home was awarded a Bronze Award from the American Health Care Association (AHCA) and National Center for Assisted Living (NCAL) in 2023. The first step in the AHCA/NCAL National Quality Award Program is the Bronze - Commitment to Quality Award.

The Bronze Award level provides applicants with the tools and resources they need for continuous improvement in quality care. Through the Bronze criteria, based on the Baldrige Excellence Framework, applicants will assess their organization's mission, vision, and key factors that lead to success. At this award level, utilizing the criteria questions applicants develop an organizational profile for their center. Applying for the AHCA/NCAL Bronze National Quality Award gives organizations a strong foundation for the second step—the Silver - Achievement in Quality Award level which St. Luke's will be applying for next year.

<https://www.ahcancal.org/.../National.../Pages/default.aspx>



▲ Adaline Klein & Brittney Huether.



▲ Tanessa Kuck and Betty Zimmerman.



▲ Candy Kraft shares her sense of humor with the residents.



Tia, Activity Aid and Doris Bartholomew. ▶

Comedian, Candy Kraft Shares Laughter

Charles Dickens' quote "There is nothing in the world so irresistibly contagious as laughter and good humor," was proven true. The laughter was contagious at St. Luke's Home with the humor of professional comedian, Candy Kraft.

Candy brought tears of laughter to the residents' eyes. Candy's comedy act included topics such as the joys of aging and relationships.

Candy became a professional comedian in the late nineties although her bio states her parents believe she was a comedian since the time she could talk. Candy travels the United States and abroad entertaining. She brings laughter to retirement homes, clubs and was hired to entertain our troops.

Armchair Travels with Jayda



▲ Dorothy Ficek



Jim & Cara Murphy ►



▲ Jayda presenting on the Caribbean.

An activity the residents anticipate each month is “Armchair Travels.” Jayda Borah from the Dickinson Public Library presents on other cultures during the activity. The residents sample different desserts from the country Jayda is presenting on. Recently, the residents learned about the Caribbean Islands. Flans, which are a popular dessert there, were served to the residents. Thank you to El Sombrero for making the delicious dessert for the activity!

THANKSGIVING BAKE SALE

Tuesday, November 26th
9:00 am – 3:00 pm in the coffee shop

We appreciate donations of baked goods.



Please bring your baked goods by Monday, November 25th.

CHRISTMAS BAKE SALE

Friday, December 20th
9:00 am – 3:00 pm in the coffee shop

We appreciate donations of baked goods.

Please bring your baked goods by Thursday, December 19th.



Thank You

According to the U.S. Bureau of Labor, the average tenure for employees is 4.1 years. St. Luke’s Home and Park Avenue Villa have many staff who have surpassed that amount of time.

Each quarter, we will recognize staff who have been employed for five or more years. We would like to thank our staff for their dedicated service to St. Luke’s Home, Park Avenue Villa and our residents.

6 YEARS

Hope Faiman

7 YEARS

Honora Mwangachuchu
Minette Olson

8 YEARS

Iran Gonzalez
Darla Thompson

9 YEARS

Tanessa Kuck
Janelle Binstock

10 YEARS

Mary Badilles
Wilma Viado
Brenda Thronburg

13 YEARS

Amy Hillman

15 YEARS

Katie Splichal

16 YEARS

Beth Urbanec

17 YEARS

Jane Simonson

Employee Tenure in 2022 (bls.gov)

hello FROM SOCIAL SERVICES

While it is not the holidays yet, they are just around the corner, and this can be a hard time of the year for those in nursing homes. We welcome you to come and spend time with your loved one. We have several rooms that are available for family gatherings or meals. Rooms will be reserved on a first come first serve basis and the availability will also depend on the number of individuals in your party. We ask that you please call the Social Services Department, and we will reserve a space for you!

Residents enjoy having their rooms decorated for the holidays and we welcome you to help them celebrate the season in this way. Just a reminder that state regulations do not permit the use of extension cords and power strips in residents.

We would also like to remind everyone that the open enrollment period for Medicare part D plans will be upon us soon. Please contact your pharmacies to see if you would qualify for a better plan. Have a wonderful fall and stop in to visit us anytime!

Aileen Paluck, LBSW & Tasha Rohde BSW



▲ *Herb Billman, Steven Cuypers, Arnie Betlaf and Johnathan Williamson, Activity Assistant shared some good stories and laughs at The St. Anthony Club.*

Men's NIGHT OUT

There is nothing like drinking an ice-cold beer while bonding with the guys. St. Luke's Home residents had a men's night out to the St. Anthony Club. The men shared many laughs and were greeted by patrons of the club.

The men had such a wonderful time, at the club they were patrons of in their younger years, that another trip to the St. Anthony Club was taken. The men spent the evening having a cold brewski while listening to the country music of Josh Kehr, a New England native.

Thank you to the St. Anthony Club and patrons for your hospitality to our residents.

Food Truck Festival



◀ *Marlo Twohearts decided to go for the jumbo corndog.*

The weather was perfect for Bethol Knutson and her family to have lunch on the patio. ▼

St. Luke's Home and Park Ave Villa hosted our first "Food Truck Festival" August 30th.

JG's Watering Hole (Java Gypsy's) and The Corndog Company set up their trailers in our parking lot. Staff, residents, families, and members of the community lined up for a hot corn dog and cold beverage.



Memorials and Donations

Your contributions to St. Luke's Home and Park Avenue Villa help us create a home-like environment for everyone we serve. You help us to reach our mission of providing quality care that enhances the dignity of each person we serve.

IN MEMORY OF

HENRY KOVASH
Kevin & Jaylene Kovash

HENRIETTA NISTELR
Kevin & Jaylene Kovash

TED SCHIELDS, JR
Jeanie Werre

OTHER GIFTS

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Janel Kolar
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Safety Reminders for Holiday Decorations

It is that time of the year again when our residents and staff will be busy decorating their homes. We want your loved ones here at St. Luke's Home to have a safe holiday season by sending out the following safety tips, references, and regulatory reminders.

- Artificial Christmas trees and decorations that are non-combustible or flame retardant may be displayed. However real Christmas trees and wreaths are not allowed.
 - UL approved lighting may be used.
 - Holiday decorations, including wreaths, ornaments, photos, etc. can be used on resident doors and in the hallways as long as they do not exceed 3 1/2' in depth and they are not blocking the doorway.
 - Holiday decorations and wreaths may be hung on the door if they do not hinder the door from closing and properly latching. Over the door wreath hangers are not allowed.
 - No extensions cords or octopus plug-in can be used. Power strips may be used.
- By following these safety tips and regulations, we can keep our residents and staff safe throughout the holiday season.

Thank you,
Jake Olheiser
Environmental Services Director

St. Luke's Home has the option of reading our newsletter online (www.stlukeshome.com) or a paper copy. If you prefer to read online and would like to be removed from our mailing list, please contact:

Joyce Decker / joyced@stlukeshome.com / 701-456-8251

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www.stlukeshome.com