



where caring counts

A quarterly newsletter for family and friends of St. Luke's Home and Park Avenue Villa

Winter 2025

CHRISTMAS SPIRIT ~ PARK AVENUE VILLA ~ HAPPY NEW YEAR ~ COFFEE WITH LAW ENFORCEMENT ~ CAREGIVER OF THE YEAR

Sharing the Christmas Spirit



▲ Santa & Bethol Knutson

Christmas is the time of year when we celebrate the birth of Christ and share quality time with our families and friends. We would like to thank those who caroled for the residents and shared the holiday spirit with them.

Children brighten the holidays even more, and the students of Lincoln Elementary did just that. Students from the fifth-grade classes caroled for the residents. The students were the bearers of gifts from nearly 400 students at Lincoln Elementary. St. Joseph's Church Christian Mothers, St. Mary's Catholic Church, South Heart, and Mary Voigt also shared gifts with the residents.

The residents were "Rockin' Around the Christmas Tree" with karaoke by Rial Genre during the Christmas party. Santa (Kirk Roll) and his elf (John Cloutier) with the help of the Catholic Daughters, St. Luke's Staff, and the Grinch (Shaydin Carr) distributed the presents to the residents.

St. Luke's would like to thank all who shared the Christmas spirit with the residents. We wish all of you a Happy New Year and many blessings in 2025!



▲ The Catholic Daughters continued the tradition of volunteering at the Christmas party.



▲ Doris Bartholomew & Santa

◀ Rial, Merit & Mayzie kicked off the party with Classic Country music and Christmas carols.

Our newsletter has just a fraction of all the great events that occur.

If you would like to see more photos of events, please like St. Luke's Home and Park Avenue Villa's Facebook pages.

Facebook icons for St. Luke's Home and Park Avenue Villa

Park Avenue Villa

As we welcome the New Year 2025, We want to take the moment to wish each of you a Joyous and Peace-Filled New Year that is overflowing with many new memories to cherish!



▲ Susie and Louann enjoying coffee at Dunn Brothers on a chilly Afternoon.



▲ Richard having some lunch at the King Buffet!



▲ Gene, AnnaMarie and Bonnie feeling lucky while playing bingo at the Sunset Senior Center



Tenants getting in the holiday spirit by doing a candy wreath craft with Naomi!



▲ Beth making knoephla soup for the tenants on a cozy November Evening.



▲ Ron supervising the construction work as they put in new flooring at PAV.



▲ Shirley enjoying coffee and donuts during the senior social hour at the Dickinson Library.



When living alone requires a little help, Park Avenue Villa is here for you.

Assisted Living Apartments Available Today!

For a tour or more information Call Beth at 701-483-3000



Coffee With a Law Enforcement

Thank you to the Dickinson Police Department and Stark County Sheriff's Office for visiting and having coffee with St. Luke's Home residents.

Real heroes don't wear capes. Real superheroes wear uniforms and badges. -Dean Cain



▲ Agnes Kelly visits with Deputy Fahy.

◀ Arnie Betlaf and Sargeant Fridrich share a cup of coffee and some laughs.

Memorials and Donations

Your contributions to St. Luke's Home and Park Avenue Villa help us create a home-like environment for everyone we serve. You help us to reach our mission of providing quality care that enhances the dignity of each person we serve.

IN MEMORY OF

GUS ANDERSON
Tom & Lynn Wyckoff

MICHELE CUSKELLY
Pedro & Donna Cota
Michele Cuskelly Family
Robert Weigelt

JOHN DAHL
JoAnne Dahl

BARBARA JANE FISHER
Sax Motor Co.

ALBERT KOVASH
Keith & Michelle Kovash

LORRAINE LOH
Jeff Loh

JACK OLIN
Dennis Johnson

GEORGE OTT
Georgia Sigmon

IN HONOR OF

ROSE MARY VRANNA
Gary & Debra Conlon

OTHER GIFTS

Belfield Lutheran Church ELCA
Daglum Lutheran Church
Dickinson Ready Mix
Janel Kolar
Medora Lutheran Church
Northern Bottling Co.
Our Redeemer's Lutheran,
New England
Jim Pavlicek
John & Sue Prange
Prima Exploration Inc.
St. John Evangelical
Lutheran Church
Trinity Lutheran Church,
Sentinel Butte



▲ The residents shared the morning participating in an activity they love, BINGO, with the Dickinson High School Honor Society.

▼ Dorothy Ficek sampled some Pride of Dakota wine to celebrate "Drink Local Wine Day."



▲ Amy Kleinjan and Tasha Rohde spread Christmas cheer by delivering a box of treats to the Dickinson Police Department.

St. Joseph Volunteers Decorate for Christmas

St. Luke's Home looked festive this holiday season, thanks to the help of volunteers from St. Joseph Catholic Church. Christmas trees were decorated on each of the households and the common areas were decorated with wreaths and other décor.

Thank you to St. Joseph Catholic Church volunteers for making St. Luke's festive for Christmas.



▲ Arlys Dolyniuk helps decorate the Christmas tree.

Charlotte & Izzy Holverson place the wreaths around the Prairie household. ►



◀ Jeanette & Jennifer Wyckoff decorate the Homestead Household Christmas tree.

Thank You

Each quarter, we will recognize staff who have been employed for five or more years. We would like to thank our staff for their dedicated service to St. Luke's Home, Park Avenue Villa and our residents.

5 YEARS

Claire Kreidt
Adalin Gohil
Sarah Steiner
Cynthai Yeboah

7 YEARS

Daisy Camp

8 YEARS

Roxanne Binstock
Cindy Bonahoom

9 YEARS

Maua Muteba
Amy Kreidt

12 YEARS

Aileen Paluck

15 YEARS

Kelsey Tolson
Sherri Decker

35 YEARS

Kathy Hermanson

Residents/tenants and family members –

show you care for those who care for you or your loved one. The North Dakota Long Term Care Association (NDLTCA) would like to honor and recognize that

special person who makes a difference in your life. Applications to nominate someone can be picked up at St. Luke's Home or by visiting the NDLTCA website, www.ndltca.org. The application for Caregiver of the Year is under the Resource tab, Programs and Services. The Award recognizes employees who go above and beyond to substantially enhance the quality of life for residents/tenants. All employees working in North Dakota long term care facilities are eligible for the Award. All entries must be postmarked by February 7, 2025.



Happy New Year from St. Luke' Home!

St. Luke's residents rang in the New Year with Tom and Jerry's and wonderful music! The New Year's party was held in the Chapel with music provided by Dennis Paulson, Nano Johnson, and Scott Gengler.

At the stroke of the hour, "Auld Lange Syne" was played, and the residents blew their party horns to celebrate the New Year. Confetti in plastic champagne party bottles was blown across the rooms as the residents rang in the New Year.



▲ Louise Twogood blows her party horn to welcome the new year.



◀ Aggie McCarty savors her Tom & Jerry.



▲ Herb & Kathy Billman with the assistance of Cindi Link, Activity Aid pop the top of the confetti champagne.



▲ Bob & Beatrice Portscherler ring in the New Year.



▲ Dennis, Nano, and Scott

a note FROM SOCIAL SERVICES

Faces and names are forgotten.... Personalities undergo changes.... Someone who was always happy may frequently become angry. Unfortunately, many elderly suffer from dementia. This can be a very difficult time not only for the individual but for the family. The physician tells you that your loved one has Dementia or Alzheimer's disease, but what does that mean?

Dementia refers to a category of diseases that cause loss of memory and deterioration in other mental functions. Dementia occurs due to physical changes in the brain and is a progressive disease, meaning it gets worse over time. For some people, dementia progresses rapidly, while it takes years to reach an advanced stage for others. The progression of dementia depends greatly on the underlying cause of dementia. While people will experience the stages of dementia differently, most people with dementia share some of the symptoms. There are many types of dementia some of the more common ones are: Alzheimer's Disease, Vascular Dementia, Frontotemporal Dementia, Parkinson's disease dementia, Dementia with Lewy Bodies, and Mixed dementia to name just a few. There are over 50 diseases that may cause dementia. Treatments for dementia depend on the many different causes. But there are drug treatments that may temporarily improve symptoms. The same medications used to treat Alzheimer's are among the drugs sometimes prescribed to help with symptoms of other types of dementias. The Alzheimer's Association is a wonderful resource not only for written resources, but they are also available to come to the nursing home for a consultation for families. They can also observe the individual and offer suggestions to the staff about providing care.

Dementia help and support are available. If you or a loved one has been diagnosed with dementia, you are not alone. The Alzheimer's Association is one of the most trusted resources for information, education, referral, and support. Call the 24/7 Helpline: 800.272.3900 or visit their website at www.alz.org



Long Term Care & Assisted Living

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"We exist to Demonstrate the Compassion of God by Providing Quality Care that Enhances the Dignity and Respect of each Person we Serve."

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Lillian Kovash & her daughter, Brenda decorate cupcakes on "National Cake Decorating Day." ▶



Reminders

- Please remember to give all new clothing items to the charge nurse or social services to be sent down for marking.
- When you are applying for Medicaid, please stop in or call the Social Services Department at St. Luke's Home and let the social workers know.
- If you have new insurance cards, please give copies to the social workers, Tasha and Aileen.

St. Luke's Home has the option of reading our newsletter online (www.stlukeshome.com) or a paper copy. If you prefer to read online and would like to be removed from our mailing list, please contact:

Joyce Decker / joyced@stlukeshome.com / 701-456-8251

St. Luke's has the option to pay your bill or to donate on our website.

www.stlukeshome.com